



ST. ANDREW'S-WESLEY
UNITED CHURCH

2020 Spring Program

“Empowered by Christ we are called to embody love so lives are changed and the world transformed”.

Our mission statement arose from a deep hope: that the power of love that Jesus models in the Gospels can transform us, our communities and our world. Our faith doesn't mean much if it is just thoughts and words, but it can move mountains if we embody that love and live it. The best part? We don't have to do that work alone. That is the power of a faith community: yes, it can be loving, awkward, challenging, confusing and intriguing but within that community we have the opportunity to hold each other on this journey of faith and be held, to stretch with each other, grieve with each other and laugh with each other. Jesus cared about community because he felt God show up in relationship. We too participate in such a miracle.

Whether you have been coming to St Andrew's Wesley for a short or a long time, we have community gatherings, spiritual education and events that will feed your soul, challenge your faith and expand your mind!

Register at www.standrewswesley.com or the office office@standrewswesley.com, 604-683-4574. Or come see us at the Welcome table at the 10:30 am service!



JANUARY

Community Gatherings

Children, Youth and Families

Parent and Tot Drop-in

Wednesdays, 10-11:30am Salons (*No program on Jan 29*)

Lead: Caitlin

Parents, grandparents and caregivers with babies, toddlers and preschoolers can join us for free play, stories, snacks in this fun and safe environment. Get connected to local resources and build a community to support your family. Suggested donation \$2 per person.

Ages 5-13 Spero Children's Choir

Thursdays, 5:30-6:15, 6:15-7:15pm

Lead: Caitlin

Join this non-audition choir and give your child the gift of music, teamwork, technique and confidence! Led by Director Jacob Autio and Accompanist Joe Tong. Sliding scale registration.

Ages 9-13 Junior Youth

Tuesdays, 6:30-8:30pm

St Paul's Anglican, 1130 Jervis St

Lead: Nicole

Find friends and a safe space to explore what matters to you! With cool projects, field trips and time to get to know Jesus, you can find out who you are called to be!

Ages 13-18 Senior Youth

Tuesdays, 6:30-8:30pm

St Paul's Anglican, 1130 Jervis St

Lead: Caitlin

Find friends and a safe space to explore what matters to you! With cool projects, field trips and time to get to know Jesus, you can find out who you are called to be!

Eat Play Love

Saturday, Jan 4, 4-6:30pm, Salons

Lead: Caitlin

Share a meal, play games, make crafts and share in the love of community and spirituality in this intergenerational gathering . We explore Christian ideas and practices in a fun and inclusive way.

Parent Gathering

Thursday, Jan 16, 7:30-9pm, Salons; Lead: Caitlin

How do we support the children in our lives to be strong and healthy while maintaining balance and moving towards optimal health as adults and parents? Do you feel constantly pulled to do and be more as a parent? Does the thought of adding one more thing to your life feel exhausting and overwhelming? Come join us for an interactive evening as we explore ways to cultivate resilience and support each other in making small sustainable changes that over time, will help us and our children thrive.



Adults

20s-40s Open Table

Sunday, Jan 12 12-2:00pm

Lead: Rhian and Curt

Have real conversations that connect your spirituality to your life. Open Table gathers us up to cook for each other and share food, and to explore faith, the Bible, and burning issues like love, climate change and how to figure out what your purpose is. Find a safe, supportive community to get to the real questions of life.

LGBTQ Word is OUT

Tuesday, Jan 28, 7-9pm, Salons

Lead: Curt

Join a community with faith and LGBTQ identity meet! Share food, life experiences, faith questions and social time as we integrate our faith and our PRIDE. We also host an annual retreat and SpiritPride Conference.

50s-60s Life Happens...

Time, and location TBD

Lead: TBD

Life happens...but not always the way we had it planned? Our 50s-60s mean we can be straddling raising children, empty nests, aging parents, changing careers, and a whole lot more. Let's gather for some real talk and community so we can manage life's ups and down together (and yes, food and humour will help!).

Men's Breakfast

Thursday, January 9 & 23, 7:15-8:45am, Salons

Lead: Dan

Gather with a community of men for breakfast to share our lives and learn from each other.

Women's Wisdom Circle

Tuesday Jan 7 & 14, 1:30-3:30pm, Salons

Lead: Lorraine

Meet with women of all ages and spiritual traditions to share the lessons of your life on themes like peace, sexuality, freedom, aging and power.

Life Groups

Tuesday, Jan 14 1:30-3:00pm

Lead: Bobbie, Lois

Explore the weekly scripture and sermons in this rich and deep small group experience!

Stitching Circle

Thursday, Jan 16, 1-3:00pm, Salons

Lead: Lorraine

From prayer shawls to Izzy dolls for Doctors without Borders to blankets for newborns, knitters of all skill levels create beautiful things for good causes!



Gospel Choir

Thursday Jan 9, 7:30-8:30pm, Salons

Lead: Curt

Come and raise the roof with this fun, non-audition choir! Meet once a month to sing your heart out and then perform for the Sunday morning service.

Church Family Meal and Book Exchange

Sunday Jan 26, 12:00pm

Lead: Ruth and Lois

Got a great book that you want your friends to discover? Bring 1-3 of your favorite books to trade with others while sharing in our monthly lunch and social time!

Seniors

65 plus Stretch and Tone

Lead: Jackie Minns

Thursdays, 10:30-11:30 am, Salons

Get a gentle and restorative time of stretches, breathing exercises and encouraging instruction at this yoga-like session.

65 plus Breaking Bread

Friday, Jan 10 11:30-1:30pm, Salons

Lead: Lorraine

Gather for a meal, enjoy guest speakers or enjoy a seasonal outing as we experience community in this gathering for seniors.

65 plus Good News Cafe

Tuesdays 10:30-11:30 am, Salons

Lead: Lorraine

Share the good news! This is a place to explore faith and life lessons with coffee, conversation and company. Each Tuesday you are invited to bring a piece of Good News to share.

65 plus Seniors Community lunch

Wednesday Jan 15, 11:30-1:00pm, Salons

Lead: Lorraine

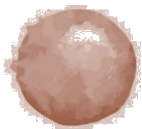
A free hot meal is served for friends and neighbours in the West End.

65 plus West End Seniors Network Roundtable

Friday, Jan 31, 9:45-11:45am, Salons

Lead: Lorraine

A monthly meeting of the West End Seniors Network. Various groups attend and give updates on their programs and there is generally a guest speaker. All are welcome.



Spiritual Education

Film and Faith

Tuesday Jan 21, 7-9:00pm, Salons

Lead: Rhian

Grab your popcorn and explore the latest films, from Oscar picks, foreign films to pop culture treasures as we uncover how faith and culture intertwine.

Small but Connected

Sunday Jan 5 & 19, Feb 2 & 16, 11:55am-12:45pm, Salons

Lead: Dan

Imagine: You're standing under a vast canopy of stars, or on the beach looking at the horizon that ends at the distant curve of earth, or on a mountain peak taking in...well, the vastness of creation. That feeling stirs, what? Exhilaration, awe, an initial wow! and then, perhaps, a quieting of the heart and mind? When people say they're "spiritual", many will point to an experience of wonder, reflecting Rabbi Abraham Heschel's observation that "All religion begins in awe." We'll explore different dimensions of this common, holy experience in the 4-week series, We'll consider how we fit in the grand scheme of things in relation to Nature, History, Culture and the Sacred. Rev. Dan will share images and reflections from his Sabbatical on this theme, opening into questions for reflection, small group discussion and shared consideration.

The Gospel of John with Rev David Ewart

Wednesdays, Jan 8, 15, 22, 29, 7-9:00 pm Salons

Lead: Rev David Ewart

The Gospel of John is the most intensely personal and clearly directed at we the readers of any of the four Bible accounts of Jesus. It is the only one to explicitly say that it was written so that we might believe in Jesus. This four week programme will read through the whole book guided by the questions: Who is Jesus? Who am I? Who do I trust? Each week there will be opportunities for small group discussion, prayerful listening to the text, historical background to life and times of Jesus, and time for questions. David Ewart is a retired United Church ordained minister who was an active ally in the 1985 full inclusion of LGBTQ persons in the United Church and regularly writes on the future of the United Church.



FEBRUARY

Community Gatherings

Children, Youth and Families

Parent and Tot Drop-in

Wednesdays, 10:00-11:30am Salons
Lead: Caitlin

Ages 5-13 Spero Children's Choir

Thursdays, 5:30-6:15pm, 6:15-7:15pm
Lead: Caitlin

Ages 9-13 Junior Youth

Tuesdays, 6:30-8:30pm
St Paul's Anglican, 1130 Jervis St
Lead: Nicole

Ages 13-18 Senior Youth

Tuesdays, 6:30-8:30pm
St Paul's Anglican, 1130 Jervis St
Lead: Caitlin

Eat Play Love

Saturday, Feb 1, 4-6:30pm, Salons
Lead: Caitlin

Adults

20s-40s Open Table

Sunday Feb 9, 12-2:00pm
Lead: Rhian and Curt

LGBTQ Word is OUT

Tuesdays Feb 11 & 25, 7-9pm
Lead: Curt

50s-60s Life Happens...

Time and Location TBD
Lead: TBD

Men's Breakfast

Thursday Feb 13, 7-8:30am, Salons
Lead: Dan

Women's Wisdom Circle

Tuesday Feb 4 & 18, 1:30-3:30pm, Salons
Lead: Lorraine

Life Group

Tuesday Feb 11 & 25, 1:30-3:00pm
Lead: Bobbie, Lois

Stitching Circle

Thursday Feb 20, 1-3:00pm, Salons
Lead: Lorraine

Gospel Choir

Thursday Feb 13, 7:30-8:30pm, Salons
Lead: Curt

Church Family Meal

Sunday Feb 23, 12:00pm
Lead: Caitlin



Seniors

65 plus Stretch and Tone

Lead: Jackie Minns
Thursdays, 10:30-11:30 am, Salons

65 plus Breaking Bread

Friday, Feb 14 11:30-1:30pm, Salons
Lead: Lorraine

65 plus Good News Cafe

Tuesdays 10:30-11:30 am, Salons
Lead: Lorraine

65 plus Seniors Community Lunch

Wednesday Feb 19, 11:30-1:00pm, Salons
Lead: Lorraine

65 plus West End Seniors Network Roundtable

Friday, Feb 28, 9:45-11:45am, Salons
Lead: Lorraine

Spiritual Education

Film and Faith

Tuesday Feb 18, 7-9:00pm, Salons
Lead: Dan

Small but Connected

Sunday Feb 2 & 16, 11:55am-12:45pm, Salons
Lead: Dan

Spirit-Given Gifts- Finding Your Purpose

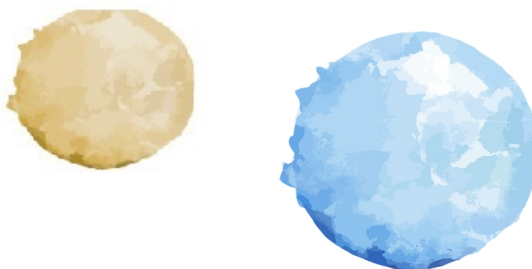
Wednesday Feb 5 & 26, 6:30pm plus 1 one-on-one session
Lead: Rhian

From Pentecost to Paul, we are told that we each have gifts and a calling to serve in our community. But how do we discover what that is or get help in putting it into action? This workshop will help you uncover what God might be calling you to do.

Lenten Groups- Unsettling the Word

Sign up Sunday Feb 22, 12 noon, Salons
Groups run on multiple days and times, for 4 sessions over Lent
Lead: Rhian

Explore Lent with our every-popular Lenten book study. This year we are excited to bring you readings from an indigenous perspective as we explore freeing the Bible from colonization, understanding our own role in reconciliation, and hearing new voices that might speak to us about faith and Scripture.



MARCH

Community Gatherings

Children, Youth and Families



Parent and Tot Drop-in

Wednesdays, 10:00-11:30am Salons

Lead: Caitlin/ Jen

Ages 5-13 Spero Children's Choir

Thursdays, 5:30-6:15pm, 6:15-7:15pm

Lead: Caitlin/ Jen

Ages 9-13 Junior Youth

Tuesdays, 6:30-8:30pm

St Paul's Anglican, 1130 Jervis St

Lead: Nicole

Ages 13-18 Senior Youth

Tuesdays, 6:30-8:30pm

St Paul's Anglican, 1130 Jervis St

Lead: Caitlin/ Jen

Eat Play Love

Saturday, Mar 7, 4-6:30pm, Salons

Lead: Caitlin/ Jen



Adults

20s-40s Open Table

Sunday March 8, 12-2:00pm

Lead: Rhian and Curt

LGBTQ Word is OUT

Tuesdays March 10 & 24, 7-9:00pm

Lead: Curt

50s-60s Life Happens...

Time and Location TBD

Lead: TBD

Men's Breakfast

Thursday March 12, 7-8:30am, Salons

Lead: Dan

Women's Wisdom Circle

Tuesday March 3 & 17, 1:30-3:30pm, Salons

Lead: Lorraine

Life Group

break for Lent, resume in April 28

Stitching Circle

Thursday March 19, 1-3:00pm, Salons

Lead: Lorraine

Gospel Choir

Thursday March 12, 7:30-8:30pm, Salons

Lead: Curt

Church Family Meal

Sunday March 22, 12:00pm

Lead: Caitlin/ Jen

One day Book Club

Saturday Mar 7, 2-3:30, Salons

Lead: Lois Keebler



Seniors

65 plus Stretch and Tone

Lead: Jackie Minns

Thursdays, 10:30-11:30 am, Salons

65 plus Breaking Bread

Friday, March 13, 11:30-1:30pm, Salons

Lead: Lorraine

65 plus Good News Cafe

Tuesdays 10:30-11:30 am, Salons

Lead: Lorraine

Spiritual Education

Film and Faith

Tuesday March 17, 7-9:00pm, Salons

Lead: Dan

Lenten groups- Unsettling the Word

Sign up Sunday Feb 22, runs through March

Groups run on multiple days and times, for 4 sessions over Lent

Lead: Rhian

APRIL

Community Gatherings

Children, Youth and Families

Parent and Tot Drop-in

Wednesdays, 10:00-11:30am Salons

Lead: Caitlin/ Jen

Ages 5-13 Spero Children's Choir

Thursdays, 5:30-6:15pm, 6:15-7:15pm

Lead: Caitlin/ jen

Ages 9-13 Junior Youth

Tuesdays, 6:30-8:30pm

St Paul's Anglican, 1130 Jervis St

Lead: Nicole

65 plus Seniors Community Lunch

Wednesday March 18, 11:30-1:00pm, Salons

Lead: Lorraine

65 plus West End Seniors Network Roundtable

Friday, Mar 27, 9:45-11:45am, Salons

Lead: Lorraine



Ages 13-18 Senior Youth

Tuesdays, 6:30-8:30pm

St Paul's Anglican, 1130 Jervis St

Lead: Caitlin/ Jen

Eat Play Love

Saturday, Apr 4, 4-6:30pm, Salons

Lead: Caitlin/ Jen



Adults

20s-40s Open Table

Sunday April 5, 12-2:00pm

Lead: Rhian and Curt

LGBTQ Word is OUT

Tuesdays April 14 & 28, 7-9pm

Lead: Curt

50s-60s Life Happens...

Time and Location TBD

Lead: TBD

Men's Breakfast

Thursday March 12, 7-8:30am, Salons

Lead: Dan

Women's Wisdom Circle

Tuesday April 7 & 21, 1:30-3:30pm, Salons

Lead: Lorraine

Death café

Friday April 24 12:30-2:30pm or Monday April 27th 7:00pm

Lead: Lorraine

At a Death Cafe people drink tea, eat cake and discuss death. Our aim, in a mostly death-denying culture, is to assist people in becoming more comfortable with the concept of death—from practical issues to spiritual questions

Seniors

65 plus Stretch and Tone

Lead: Jackie Minns

Thursdays, 10:30-11:30 am, Salons

65 plus Good News Cafe

Tuesdays 10:30-11:30 am, Salons

Lead: Lorraine

Men's Breakfast

Thursday April 9, 7-8:30am, Salons

Lead: Dan

Life Group

Tuesday April 28, 1:30-3:00pm

Lead: Bobbie, Lois

Gospel Choir

Thursday April 9, 7:30-8:30pm, Salons

Lead: Curt

Stitching Circle

Thursday April 16, 1-3:00pm, Salons

Lead: Lorraine

Church Family Meal

Sunday April 26, 12:00pm

Lead: Caitlin/ Jen

Spiritual Education

Film and Faith

Tuesday April 21, 7-9:00pm, Salons

Lead: Dan

Theological Buffett

Time and Location TBD

Lead: Janet Gear

Holy Week & Special Services

Shrove Tuesday & Ash Wednesday Pancake Supper & Service

Tuesday, Feb 25, 5:30-7pm, Salons

Maundy Thursday

Thursday, Apr 9, 7-9pm, TBD Location



Good Friday

Friday, Apr 10, 10am, Canadian Memorial UC corner of Burrard St. & 15th Ave.

830am, Victory Square 200 W. Hastings

Early service

930am, Century Plaza Hotel

First Service

1030am, Salons

Coffee and tea

11am, Century Plaza Hotel

Second Service

Retreats

FaithQuest Retreat for Youth at Camp Stillwood

January 24, 2020 3:00 pm - January 26, 2020

11:30 am, Camp Fircom, Gambier Island

Join teens from all over the Province as we explore Scripture, share our lives and have fun!

Lead: Caitlin

<https://pmrfirstthirdministry.campbrainregistration.com/>

Imagine- Children's Retreat at Camp Stillwood

February 21-23 4pm Friday to 1pm Sunday

For all children aged 8 to 11

Lead: Caitlin

To provide a welcoming and safe environment for children to play, eat, and connect with each other and their leaders and have fun! For many of the children, this is their first experience of a "sleepover camp" and it has been encouraging start for their camping experiences!

<https://pmrfirstthirdministry.campbrainregistration.com/>

Congregational Day Apart

Saturday, Feb 8, 10am-4pm, Salons

Lead: Dan

100 year church

Women's Day Apart

Saturday, Mar 21, 10am-4pm, Salons

Lead: Lorraine

Connect in spiritual community with other women from the congregation as we share in spiritual practices, music, discussion and break bread.

Men's Day Apart

Saturday, Apr 21, 10am-4pm, Salons

Lead: Dan



**To find out more or to register, www.standrewswesley.com
or contact the office at 604 683 4574, office@standrewswesley.com
or visit us at the Welcome Centre on Sundays.**