



Jenny Chan completed the Pacific Jubilee SoulGuiding program in 2022, an experiential learning community that embraces the growth of the soul and the art of spiritual accompaniment among soul friends of different spiritual traditions. Spiritual accompaniment is an ancient practice of walking alongside another in their spiritual journey through attentive, contemplative listening. Her accompaniment work is also influenced by her Christian faith, and she is

particularly drawn to Ignatian spirituality as taught by the Jesuits and their way of discernment, including practices such as the Spiritual Exercises and imaginative prayers.

A recovering dreamer, still a bit broken, directionally challenged she loves blue sunny skies, white fragrant flowers, and deep thinking trees.